

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Marilyn Dickens

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

**TIME** 01:59:47

**PACE** 09:12/km

**OVERALL** 100 of 149

**GENDER** 36 of 70

**40 - 49** 14 of 28

23 June 2019, Sun

Date



BoutTime

Signature